

SAFE ZONE TRAINING FOR YOUR CAMPUS REC & WELLNESS PROGRAM

Competency Area(s): Programming|Human Resources Management

Your presentation should support a participant's growth in the Professional Competencies for Leaders in Collegiate Recreation

Competency Level: Practical

SHORT SUMMARY

We ask you to write a brief description of your program that we can use in marketing materials (website, app). NIRSA may edit to meet our style guidelines, and our intent is to maintain an accurate and enticing representation of what participants can expect by attending your program.

The program will guide you through activities, discussion and Q&A sessions while providing information to help you implement SafeZone training on your campuses and create a healthy and welcoming work environment for LGBTQ+ individuals within your recreation department, whether they are employees, participants, or visitors!

Learning Outcomes

Learning outcomes should articulate what new knowledge and skills participants will be able to apply as a result of your program

1. Create their own SafeZone training for their campus recreation & wellness programs
2. Articulate to their decision makers the benefits of creating an LGBTQ+ inclusive environment in their recreation and wellness programs
3. Engage in effective conversations within their departments to ensure they are acting appropriately as Allies for the benefit of their stakeholders

PROGRAM DESCRIPTION

The program description should provide context to your proposal. Why are you proposing this content? Why is relevant to campus recreation professionals? This section is available to reviewers only.

This presentation will cover the SafeZone project's curriculum in order to educate attendees on how to effectively run SafeZone training for their departments. We will utilize the curriculum's suggested layout as a guideline for the training portion, and will use our own experiences to guide and facilitate discussion on the training and importance of providing a safe and welcoming work environment for LGBTQ+ individuals. The session format will be a mixture of

group activities and discussion, with some presentation-style points mixed in to both lead discussion and drive home the points we wish to educate our attendees on.

OUTLINE /ACTIVITIES

The outline should provide an overview of how you present information and engage participants

The program will begin with a icebreaker activity intended to set the tone of what the SafeZone training is all about, and create a sense of why it is needed and important. This activity will segue into a presentation around core vocabulary and terminology, interspersed with other activities to build on the common themes and main points of these topics, opening up to a larger discussion to ensure attendees are receiving the information with the clarity and understanding required to bring it back to their programs.

For heavier content such as privilege and coming out, we will break into smaller group discussions, and allow time to either share points to the larger group, or have points submitted for an anonymous Q&A session for those who do not wish to self-identify during this session.

We will have an intermission to give attendees a break from the material and/or time to discuss amongst each other, and will return with more activities and allotted time for large group discussion on the topics discussed throughout the program and how they can be implemented on campuses across NIRSA.

Presentation Duration

NIRSA provides different presentation opportunities of various length.

Workshop—1/2 day